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September 2019

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Principal's Notes

SEPTEMBER CHARACTER TRAIT: Respect

WHAT IS RESPECT?

Having a high regard for others and treating them with care and courtesy.

ATTENDANCE: SCHOOL SUCCESS BEGINS WITH

ATTENDANCE! When it comes to school, students who miss school...miss out. Attendance boosts student achievement and improves the quality of your child's educational experience.

5TH GRADE OUTDOOR EDUCATION FIELD TRIP TO CAMP

JEKYLL 4-H CENTER: We are currently planning the fifth grade outdoor education fieldtrip to Camp Jekyll 4-H Center on Jekyll Island, one of the barrier islands located along the Georgia coast. This is a wonderful opportunity for students to learn about our unique Georgia coast through hands-on experiences. The dates for this trip are from Monday, November 18th through Wednesday, November 20th, 2019. A letter will be sent home to fifth grade parents with an initial permission slip. This permission slip will help us obtain a count of students that will attend this trip in order to plan arrangements. A \$60 deposit will be due by September 12th.

CLINIC NEEDS: We are requesting a few items for our clinic. Sandwich baggies, boxes of tissue, wet wipes and disinfectant wipes. Items can be dropped off at the Main Office to the attention of the Clinic. Thank you in advance for your generosity and support.

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Dates to Remember

September 2

School Closed, Labor Day

September 5

PTO General Meeting, 6:30 pm

Curriculum Night, 7-8 pm

September 9

PTO Board Meeting, 7 pm

September 10

Grandparents Luncheon

Pre-K, K, and 3rd

September 11

Grandparents Luncheon

1st and 4th

September 12

Grandparents Luncheon

2nd and 5th

Theater Practice, 2:30-3:45 pm

Room Parent Orientation, 6 pm

September 19

Co-Presidents' Corner



As the school year gets under way, we enter into an exciting time of year. We hope you are all finding your new normal as we settle down into the rhythm of the school year. We are looking forward to acclimating new parents/students to Livsey while reconnecting with returning families. The PTO has several upcoming events to bring to your attention. You can see everything coming your way on the PTO website calendar (www.livseyppto.org). Find a place to give your hour!

Parent Conferences 3-5 pm
Family Night Out -
El Matador, 5-9pm

September 25
Banking Begins

September 26
Individual School Pictures
Theater Practice, 2:30-3:45 pm

September 27
School Picnic, 5-7 pm

KEEP UP WITH US

livseyppto.org
and
[Facebook](#)

FREE Technology Resources

Download full list and login
information [HERE](#).

JOIN THE PTO

Download and complete the
form, then drop it off in the
school office with your payment.
[PTO Membership Form](#)

REMIND

Receive PTO event reminders by
texting @livsey2019 to the
number 81010

Remember to mark your calendars!

PTO GENERAL MEETING/CURRICULUM NIGHT: The first PTO General meeting of the year will be held on Thursday, September 5th, at 6:30 pm in the Cafeteria. The Livsey PTO Board members will fill you in on many exciting things happening at Livsey and the general membership will vote to accept the budget for the 2019-2020 school. Following the PTO meeting, there will be two 30-minute Curriculum Night sessions where you can find out about the education plan of your child/ren's teacher. Note that you only need to attend one 30-minute session with your child's teacher.

WHOOO's READING: Get ready to see your children get excited about reading while they also help earn money for Livsey! You will have an opportunity to support your child, as well as invite family and friends to join in. This fund-raiser has been our greatest source of income over the past 3 years and we are looking forward to another successful year. The details about this fund-raiser will be shared at the PTO General Meeting and you will see login codes and passwords sent home soon.

FAMILY NIGHT OUT (FNO): The PTO will host a Family Night Out event on Thursday, September 19th at El Matador from 5pm-9pm. Come out and socialize and support a local restaurant. A percentage of sales from Livsey families will be donated back to our school.

SCHOOL PICNIC: Gather at the school for some community fun on Friday, September 27, 2019 from 5pm-7pm. If you don't want to fuss with making your own picnic, you will have an opportunity to pre-order a sandwich box from Chick-Fil-A. This year, we are also going to have a cornhole tournament. So, start practicing now!

In looking ahead to the year, the PTO will need volunteers to help with various committees. We hope you can view the committees and descriptions and find something that interests you. Thank you in advance for your time and continued support!

With Livsey Love,

Alisha Etheredge & Tivoli Harris-Roberson
Livsey PTO Co-Presidents 2019 - 2020

What's Going On?

Whoo's Ready for Whoo's Reading

Details on how to log-in your student and invite sponsors
will come home **Wednesday, September 4**

Livsey's "Reading" Fundraiser runs from **September 9 - 29**

Kickoff begins with **Pajama Day on Monday, September 9!**

Contact Kim or Stephanie at WsrLivsey@yahoo.com with any questions

Happy Reading!



[Click here to download flyer](#)

Whoo's Reading

[Click here to learn more about the fundraiser](#)

¿Quién está listo para
Whoo's Reading
(¿Quién está leyendo?)

Los detalles para inscribirse e invitar a los patrocinadores llegarán a casa
con sus niño/as **miércoles, 4 de septiembre.**

Esta recaudación de fondos de Livsey comienza el **9 de septiembre y termina el 29 de septiembre.**

¡Empezamos con un **día de pijama, 9 de septiembre!**

¿Preguntas? Escriban con Kim o Stephanie WsrLivsey@yahoo.com

¡Qué todos disfruten de la lectura!



[Haga clic aquí para descargar el folleto](#)



Family Night Out





Please join us for Spirit Night at El Matador
September 19th from 5pm - 9pm
4316 Chamblee Tucker Rd, Tucker, GA 30084

Come out to have dinner and socialize and enjoy time with your children's classmates and their families and support local restaurants.

10% percentage of sales will be donated back to our PTO.

Also, while there, please enter to win a \$25 Gift Card to come back to El Matador.

Thank you for supporting Livsey through Family Night Out events!
We look forward to seeing you there!



August 2019 Family Night Out Gift Card Winners:

Sonic: Ternica M.
Bruster's: Maisha C.

CONGRATULATIONS!!!

HEALTH AND WELLNESS

Crisper, cooler weather means FALL and FOOTBALL and FLU SEASON. Get your flu vaccine! It helps you stay healthy and reduces the spread of the virus. The best way Wash your hands! The best way to prevent colds and the flu is with good hand washing. Use soap and warm water, lather and rub hands together for 30 seconds to 1 minute (sing "Happy Birthday" 1- 2 times), then rinse and dry well. Cover your nose and mouth when you cough or sneeze, and wash your hands after touching your nose or mouth.

September has 3 Farm to School stars of the month. For breakfast the star is the Apple. Lunch has 2 stars, cucumbers and tomatoes. Here is some information about them and recipes to try!

Apples have been grown for thousands of years in Asia and Europe and were brought to North America by colonist. There are more than 7,500 known types of apples. Different types are bred for various tastes and use, including cooking, eating raw and for making cider. A typical apple serving weighs 242 grams (around 8 ounces) and has a high fiber content and is about 126 calories. When you think of apples most people think of apple pie, so here is a recipe outside the pie from www.allrecipes.com.

Easy Apple Coleslaw

- 3 cups chopped cabbage

- 1 unpeeled red apple, cored and chopped
- 1 unpeeled Granny Smith apple, cored and chopped
- 1 carrot, grated
- 1/2 cup finely chopped red bell pepper
- 2 green onions, finely chopped
- 1/3 cup mayonnaise
- 1/3 cup brown sugar
- 1 tablespoon lemon juice, or to taste

Directions:

In a large bowl, combine cabbage, red apple, green apple, carrot, red bell pepper, and green onions. In a small bowl, mix together mayonnaise, brown sugar, and lemon juice. Pour dressing over salad.

Nutrition Facts:

Per Serving: 137 calories; 4.5 g fat; 25.2 g carbohydrates; 1 g protein; 3 mg cholesterol; 108 mg sodium

Cucumber is a widely cultivated plant in the gourd family. It is a vine that bears cucumiform fruits that are used as vegetables. There are three main varieties of cucumber: slicing, pickling, and seedless. A raw cucumber is 95% water, provides 16 calories and is a source of Vitamin K.

There are around 7,500 tomato varieties grown for various purposes. Most are chosen having been selected with varying fruit types, and for optimum growth in differing growing conditions. A tomato is also 95% water provides 18 calories and is a source of Vitamin C. Here is a recipe from www.allrecipes.com for an easy soup to fill you up.

Cucumber Soup with Tomatoes

- 4 cucumbers - peeled, quartered, and seeded
- 1 (14.5 ounce) can chicken broth
- 1 cup chopped tomato
- 1/4 cup fresh lime juice
- 1/8 teaspoon cayenne pepper

Directions:

1. Place 2 cucumbers in a blender; pour in chicken stock. Blend cucumber mixture until smooth and pureed; pour cucumber puree into a large bowl.
2. Chop the remaining 2 cucumbers. Stir chopped cucumbers, tomato, lime juice, and cayenne pepper into pureed cucumber until well mixed. Refrigerate until chilled, at least 30 minutes.

Nutrition Facts:

Per Serving: 43 calories; 0.7 g fat; 8.6 g carbohydrates; 2.1 g protein; 2 mg cholesterol; 442 mg sodium.

It is time to register for Livsey's Cross Country Club



This is a club for any Kindergarten through 5th grade student who enjoys being outside with friends while exercising and staying fit!

Please use the following link to register your child for our fall session which will begin on Wednesday, September 25.

[Cross Country Registration](#)

Within the registration form, you will find a link to an optional t-shirt which may be purchased for you and/or your child.

Registrations and shirt orders MUST be turned in by Friday, September 6.

Livsey PTO, 4137 Livsey Road, Tucker, GA 30084

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