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## October 2019

### IN THIS ISSUE...

Principal's Notes

Co-Presidents' Corner

What's Going On?

Family Night Out

Health and Wellness

### Principal's Notes

#### OCTOBER CHARACTER TRAIT: Fairness

**FAIRNESS** is practicing justice, equity, and equality. When you are fair, you cooperate with one another and recognize the uniqueness and value of each individual within our diverse society.

**ATTENDANCE:** Our goal this year is to ensure that every student attends school regularly. Showing up for school has a huge impact on a student's academic success starting in kindergarten and continuing through high school. Even as children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and in life.

**SNAX SAX DONATIONS:** In an effort to combat hunger, Snax Sax provides weekend food bags for our Livsey students. We are requesting a few items for our Snax Sax Program. (Granola bars, chewy granola bars, and breakfast bars) Items can be dropped off at the counselor office to the attention of Ms. Allen. Thank you in advance for your generosity and support.

**GROWTH MINDSET:** Livsey continues on our growth mindset journey. This year we are particular focusing on the "Power of Yet". Come along with us on this journey and discover ways to become a Growth Mindset Parent. Empower yourself and your children with this 4 week guide: <https://biglifejournal.com/blogs/blog/teach-growth-mindset-kids-activities>.

**CROSS COUNTRY CLUB UPDATES:** Cross Country is off to a great start with over 140 students and teachers walking and running laps! Join us for the Tucker 5K Superheroes vs Villains Fun Run on Saturday, October 19, 2019. You can

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**SYNOVUS**<sup>®</sup>  
the bank of here



### Dates to Remember

**October 7**  
PAC Meeting, 5:30 pm  
PTO Board Meeting, 7:00pm

**October 9**  
Walk to School Day  
Banking

**October 10-11**  
Fall Break, School Closed

**October 14**  
Columbus Day, School Closed

**October 17**  
Mentoring Social,  
Pre-K-2nd Grade, 7:15-7:45 am  
Theater Practice, 2:30-3:45 am

**October 18**  
Mentoring Social,  
3rd-5th Grade, 7:15-7:45 am

**October 21-25**  
Red Ribbon Week

**October 22**  
Family Night Out,  
Zaxby's, 5-8 pm

**October 23**  
Banking

**October 24**  
Theater Practice, 2:30-3:45 pm

**October 25**  
Fall Festival, 5-8 pm

**KEEP UP WITH US**

[livseypto.org](http://livseypto.org)  
and  
[Facebook](#)

**FREE Technology Resources**

Download full list and login  
information [HERE](#).

**JOIN THE PTO**

Download and complete the  
form, then drop it off in the  
school office with your payment.  
[PTO Membership Form](#)

**REMIND**

Receive PTO event reminders by  
texting @livsey2019 to the  
number 81010

register online here: <https://www.active.com/tucker-ga/running/distance-running-races/tucker-5k-superheros-vs-villains-fun-run-2019>.

**TUCKER 5K SUPERHEROS VS VILLAINS FUN RUN -**

**TUCKER, GA 2019 | ACTIVE:** Family Fun for everyone in Tucker! There is no better way of getting a good workout this fall than by joining us for our Superheroes vs Villains 5k Run/Walk taking place October 19, 2019! Register before October 10 to guarantee yourself a t-shirt.

**5TH GRADE OUTDOOR EDUCATION FIELD TRIP TO CAMP**

**JEKYLL 4-H CENTER:** We are currently planning the fifth grade outdoor education fieldtrip to Camp Jekyll 4-H Center on Jekyll Island, one of the barrier islands located along the Georgia coast. This is a wonderful opportunity for students to learn about our unique Georgia coast through hands-on experiences. The dates for this trip are from Monday, November 18th through Wednesday, November 20th, 2019.

**STEM:** Livsey Elementary is in the process of building a database of STEM ready career volunteers to come in some time during the school year to discuss with elementary students about their careers. If not you, we would love for you to share the Google Form with colleagues and friends that have a passion for what they do and would be willing to give a few minutes of their time if and when the need arises for our teachers to include you in a lesson that closely fits your expertise. Please be on the lookout for the email coming soon.

## Co-Presidents' Corner

Hello Livsey Community!

It was great to see many of you at our annual School Picnic this past Friday night! We hope you enjoyed time relaxing with your family and Livsey friends. We also hope that you had an opportunity to meet and make new Livsey friends too. A BIG congratulations to our cornhole tournament winners - Connor Wright (4th grade) and dad, Christopher Wright, for the parent/child team and Abe Sekeres and Chris Hodder for the adult team!!!

We want to thank the many of you who supported our Whooo's Reading, Reading Raiser. Students have read, logged their minutes, answered detailed questions about their stories, created their own "OWLvatars" and asked for sponsors to support their reading and Livsey's pursuit of more technology in our school. We also owe a special thanks to all teachers who challenged their students to participate and even logged minutes for many of them. The Reading Raiser ended on September 29th, and it will take us a few weeks to round up all the pledges. We plan to let you know the amount raised for Livsey and the winners of all the incentives in our November Livsey Letter.

The Annual Fall Festival will be held on Friday, October 25

from 5-8 pm. There will be games, prizes, inflatables, hot dogs, cotton candy, popcorn and the Table of Treasures with many fun items from Lego sets to dining gift cards. Our spectacular Silent Auction will be ONLINE ONLY again this year and can be found on [www.BiddingOwl/LivseyPTO](http://www.BiddingOwl/LivseyPTO). The Livsey PTO Online Auction will run from October 5th at 12 am through October 24th at 11:59pm. There are lots of great items included in the auction, such as tickets to Medieval Times, the Georgia Aquarium, the Center for Puppetry Arts, and a 2-night stay at Chateau Elan!!! Be sure to send the Online Auction link to your extended family and friends! All bidders are welcome!

If you are interested in donating an item to the Table of Treasures or the Online Auction, please contact Patrece Keeter at [Patrecekeeter@aol.com](mailto:Patrecekeeter@aol.com). Please look for the pre-order forms in your child's courier and for a Sign-Up Genius for volunteer spots to help with games! Be sure to send the Online Auction link to your extended family and friends! All bidders are welcome!

In addition to the Fall Festival, we will have our fall Walk to School Day on Wednesday, October 9th. All students who walk to school will receive an incentive when they arrive, and the class with the most walkers will be awarded the coveted Golden Shoe! A special thanks to Sprouts, Publix and Kroger for their snack donations!

On Tuesday October 22, 2019, we will have Family Night Out at Zaxby's. Please see the information in the Family Night Out section below for more details and plan to join us.

At the end of the month we have **Red Ribbon Week**, five days filled with activities to promote the prevention of the use of alcohol, tobacco, drugs, and violence. Look for more details soon!

It is a pleasure to work with each of you at Livsey Elementary. Feel free to contact us any time with questions or concerns, or if you would like to discuss opportunities to become more involved in our school or the PTO. We look forward to working with you to continue to help make Livsey the best it can be!

With Livsey Love,

Alisha Etheredge & Tivoli Harris-Roberson  
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Livsey PTO Co-Presidents 2019 - 2020

## What's Going On?

# Whooo's Reading

**We raised over \$21,000! We exceeded our goal of \$20,000!**



**Teachers dressed up like super heroes for reaching \$15,000**



**Please join us for Livsey's Walk to School Day on October 9, 2019!!!  
The flyer with more instructions will be sent out the first week of October.**



# FALL FESTIVAL

October 25, 2019



## Family Night Out

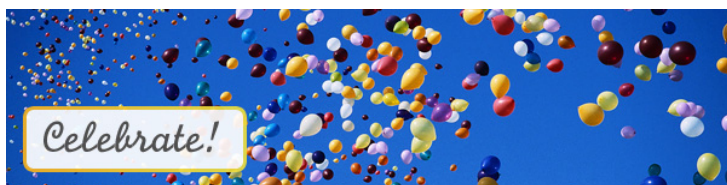


Please join us for Spirit Night at Zaxby's  
October 22nd from 5pm - 8pm  
4409 Hugh Howell Rd, Tucker 30084, GA

Come out to have dinner and socialize and enjoy time with your children's classmates and their families and support local restaurants.

10% percentage of Livsey customer sales will be donated back to our PTO.

Thank you for supporting Livsey through Family Night Out events!  
We look forward to seeing you there!



September 2019 Family Night Out at Your Pie Gift Card Winner:

Kim H.

CONGRATULATIONS!!!

## HEALTH AND WELLNESS

When fall begins we start to think about pumpkins and squash. A member of the squash family, and the farm to school vegetable of the month is Zucchini. Zucchini can grow up to 3 feet in length, that's the size of a baseball bat!!! Although it can grow large it is usually picked when it is between 6-10 inches long. They are picked early to help keep the seeds soft and immature. Zucchini contains good amounts of folate, potassium, and Vitamin A. Zucchini is served cooked and can be steamed, boiled, grilled, stuffed and baked, barbecued, fried, or incorporated in other recipes such as souffles. Zucchini can also be baked into a breads or cakes. It can also be shaped into noodles and serve as a pasta substitute.

Here is a fun zucchini cake recipe from [www.allrecipes.com](http://www.allrecipes.com).

### Zucchini Cake

Cake:

3 cups all-purpose flour  
3 cups white sugar  
1 teaspoon salt  
1 1/2 teaspoons baking soda  
1 teaspoon baking powder  
2 1/2 teaspoons ground cinnamon  
1 teaspoon vanilla extract  
4 eggs  
1 1/2 cups vegetable oil  
3 cups grated zucchini

Frosting:

1 (8 ounce) package cream cheese, room temperature  
1/2 cup butter, room temperature  
2 cups confectioners' sugar, sifted  
2 teaspoons vanilla extract

### Directions:

Preheat oven to 325 degrees F (165 degrees C).

Lightly grease and flour three 9-inch round cake pans.

In a medium bowl combine the flour, baking soda, baking powder, cinnamon, white sugar, and salt.

Mix well. In another bowl, beat eggs, vegetable oil, and 1 teaspoon vanilla together. Pour into egg mixture into the flour mixture and mix well. Stir in the shredded zucchini. Pour batter into prepared pans. Bake in preheated oven until a tester inserted into each layer comes out clean, about 25 minutes. Allow cakes to cool in pans for 10 minutes, then invert onto wire rack and allow to cool completely

To Make Frosting: Beat cream cheese and butter until smooth. Add the confectioner's sugar, a little at a time, and beat until smooth. Stir in 2 teaspoons vanilla. Spread between cake layers and stack to make a 3-layer cake.

### Nutrition Facts:

Per Serving: 794 calories; 43.7 g fat; 96.1g carbohydrates; 7.2 g protein; 103 mg cholesterol; 529 mg sodium

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