

From: Livsey PTO (livseyletter@gmail.com)

To: stephrovere@yahoo.com

Date: Friday, February 7, 2020, 05:54 PM EST



February 2020

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Dates to Remember

Monday, February 3
PTO Board Meeting, 7:00 pm

Wednesday, February 5
Staff Pictures, 7 am
Club & Class Pictures

Thursday, February 6
Theater Practice, 2:30 - 3:45 pm

Wednesday, February 12
Banking
Livsey Parent University, 6:30 pm

Thursday, February 13
Valentine's Parties,
1:15 - 2:15 pm

Principal's Notes

CHARACTER TRAIT OF THE MONTH: Courage

What is COURAGE?

Doing the right thing in the face of difficulty and following your conscience instead of the crowd.

ATTENDANCE:

Please commit to making sure your child attends school every day possible this year. The evidence is clear: children with good attendance are more likely to be successful in school. Every day counts. Missing school even 10% of the time has a significant negative impact on reading and math achievement as children progress through school. Thank you for all you do to support your child's school success and well-being, as well as our school.

CLINIC NEEDS:

We are requesting a few items for Nurse Noel in our clinic. Zip Sandwich baggies, boxes of tissue, wet wipes and disinfectant wipes. Items can be dropped off at the Main Office to the attention of Nurse Noel or the Clinic. Thank you in advance for your generosity and support.

LOST AND FOUND:

If your child is missing a coat, jacket, shirt, lunchbox, etc..., stop by and check out the lost and found (located near the Media Center). Please write student's name in jackets and coats.

CAREER DAY:

We are planning our annual Career Day on March 26, 2020. Livsey Elementary School would like to invite you to participate in our Career Day. Please come and share some interesting facts and details about your career with our students. Please contact Ms. Allen, school counselor if interested.

Theater Practice, 2:30 - 3:45 pm

Friday, February 14

School Closed, February Break

Monday, February 17

School Closed,
Presidents Day

Thursday, February 20

Progress Reports Issued
Theater Practice, 2:30 - 3:45 pm

Friday, February 21

School Dance, 6:30 - 8:30 pm

Wednesday, February 26

Banking

Thursday, February 27

Parent Conferences, 3 - 5 pm
PTO General Board
Meeting, 6 pm
Music & Band
Performance, 6:30 pm

KEEP UP WITH US

livseypto.org
and
[Facebook](#)

FREE Technology Resources

Download full list and login
information [HERE](#).

JOIN THE PTO

Download and complete the
form, then drop it off in the
school office with your payment.
[PTO Membership Form](#)

REMIND

Receive PTO event reminders by
texting @livsey2019 to the
number 81010

CROSS COUNTRY UPDATE:

Our spring season of Cross Country will begin in mid-March. Be on the lookout for more information and registration in February. We welcome all Kindergarten through 5th grade students to participate and encourage all parents and families to run/walk with us. Additionally, we encourage all Livsey families to register for the Livsey PTO Color Fun Run on Saturday, April 18, 2020.

4TH GRADE OUTDOOR EDUCATION FIELD TRIP TO CAMP FORTSON 4-H CENTER:

We are currently planning the fourth grade outdoor education fieldtrip to Camp Fortson 4-H Center in Hampton, Georgia. Students will take part in classes that are engaging and hands-on, immersing the student in the natural environment to actively apply concepts learned in the classroom. **The dates for this trip are Wednesday, April 1st through Thursday, April 2, 2020.** We are very excited about this field trip and we would love for all of the fourth grade students to attend. An information letter and permission slip went home in January.

LIVSEY ELEMENTARY SCHOOL THEATRE:

With a classic fairy-tale setting, loads of exciting and hilarious roles to play, a variety of entertaining musical numbers and a plot full of mystery and adventure, Princess Whatsername has it all! Our show begins in the Misty Forest, where a girl is sleeping all alone. But when she wakes, nothing looks familiar to her. She can't remember anything - not where she's from, how she got here or even her own name! She embarks on a journey to discover her identity and meets several fairy-tale characters along the way - Hansel and Gretel, Rumpelstiltskin, Goldilocks, the Three Bears, Snow White, the Seven Dwarves, Cinderella, and Rapunzel to name a few. Some are helpful, some are dangerous and some are just plain weird, but all have information to help our young girl eventually realize her true identity as a princess. As with any good fairy tale, there's also a prince! He's desperate to find the princess, but he's always one step behind and inadvertently rescues and wins the hearts of all the wrong princesses! Come see Livsey Elementary students in this rocking musical and enjoy new takes on the stories everyone loves March 25 and 26 at 7 pm each night in the Tucker High School auditorium. More information on getting tickets next month!

Co-Presidents' Corner

Hello Livsey Families

We are excited for a fun-filled February here at Livsey. We will have a Livsey Parent University session on February 12th at 6:30pm in the Media Center. The session will be "How to Pick the Right Guardians for Your Minor Children: Things You Never Thought About." Please join us for

Thought About." Please join us for this interactive workshop and you will leave with legally binding forms in hand.

The students will be celebrating Valentine's Day on Thursday, February 13th, with fun crafts, valentines, and classroom parties. Thanks to all the room parents and classroom teachers who help organize these fun celebrations. Please contact your child's teacher to get involved. School will be closed Friday, February 14th through Monday, February 17th for February Break and observance of President's Day.

On Friday, February 21st, the Livsey PTO will be hosting the annual school dance. This year's theme is "Candyland" and it will be super sweet and fun! If you have never attended a school dance, please join us for an amazing DJ, great music, ice cream, pizza, and of course, FUN! The dance will be held in the Livsey cafeteria from 6:30 pm until 8:30 pm. Thanks to Whitney Teyf, chair of the school dance committee, and her committee members for all their work on this event. Volunteers are always needed to help make our PTO events a success. Please consider volunteering 30 minutes or one hour of your time during the school dance by signing up [here!](#)

Our next general PTO meeting will be held in the Livsey cafeteria on Thursday, February 27th at 6pm. Be sure to attend to hear the latest on what's happening at Livsey, including Ms. Pickett's Principal's report. After the meeting, we will have a few special performances, including 5th grade band, at 6:30pm in the cafeteria.

Lastly, as many of you know, we have just passed the 100th day of school! Considering how close we are to the end of the school year, we are looking ahead to the 2020-2021 school year. The PTO is always in need of helpers in many capacities, both large and small. We are currently looking for willing volunteers to serve on the PTO's various committees. We would be pleased to have a conversation with you and answer your questions about how you might be of service to our great school. Call or email either

one of us, or any of the Board members/Chairpersons listed on the PTO website (www.livseypto.org). Our next PTO Board meeting will be held on Monday, March 2nd at 7pm in the Livsey media center. All parents are welcome, and it is a great time to hear about the various events our PTO supports and meet our dedicated board members.

With Livsey Love,
Alisha Etheredge & Tivoli Harris-
Roberson
alisha.etheredge@gmail.com
tivolialydia@yahoo.com

What's Going On?



February is Black History Month and it is a time to honor the contributions of African Americans to U.S. history. The celebration of Black History Month began as a week of history in 1926 by Carter G. Woodson, a noted African American historian, scholar, educator and publisher. It became a month-long celebration in 1976. The month of February was chosen to coincide with the birthdays of Frederick Douglass and Abraham Lincoln. Students at Livsey are participating in trivia questions each week, participating in a Black History Month performance at PTO, and other engaging learning throughout the month of February.

Livsey Parent University

Wednesday, February 12, 6:30 PM
Livsey Media Center

How to Pick the Right Guardians for Your Minor Children: Things You Never Thought About.

You spend every day making sure your kids are well cared for. But what would happen to your children if something happened to you? Picking permanent guardians for your children isn't always as straightforward as it may seem. There are many considerations most have never thought about. In this interactive workshop, parents will learn what those things are, and will leave with legally-binding guardian nomination forms in hand.

For questions, please contact Sonja Szubski: spszubski@gmail.com

Happy Valentine's Day

Classroom parties will be Thursday, February 13, 1:15 - 2:15
School is closed Friday, February 14 for February Break



Happy Presidents Day!
School is closed Monday, February 17 in observation

Livsey School Dance

Friday, February 21, 6:30 - 8:30 PM

CANDYLAND

Please consider volunteering 30 minutes or one hour of your time
during the school dance by signing up [HERE!](#)



5:00 – 9:00

Wednesday, Feb 26th

Family Night Out



2316 Main Street *Tucker* 30084

C'mon and have dinner and drinks!
Take the night off, meet us at Local 7
and you could win a \$25.00 gift card!
Also, they will donate 15% of the
night's proceeds back to the
Livsey PTO.
We appreciate your support!!



LIVSEY
Parent Teacher Organization



Health and Wellness

February known as the month of love is also American Heart Month according to the American Cancer Society. Heart disease is the leading cause of death for both men and woman and accounts for 1 in every 4 US deaths. High blood pressure, high cholesterol, diabetes, smoking obesity and poor diet/physical inactivity are all risk factors for heart disease. According to the CDC 49% of Americans have at least one of these rick factors and someone has a heart attack every 40 seconds.

For more information on Heart Disease and ways to prevent it visit the [CDC Website](#).

FEBRUARY - Cabbage

The Farm to School food of the month for February is cabbage. Cabbage is high in Vitamin K and

C as well as Fiber, Folate, Calcium and Potassium. It can be cooked in many different ways or eaten raw, and comes in different colors.

Cabbage has been used for hundreds of years for medicinal uses and some practices are still used today. It is also currently being studied for potential anti-carcinogenic properties.

Here is a recipe for healing cabbage soup, from www.allrecipes.com that is good for a head cold or just on a cold day!

Healing Cabbage Soup

3 tablespoons olive oil	1 teaspoon salt, or to taste
1/2 onion, chopped	1/2 teaspoon black pepper, or to taste
2 cloves garlic chopped	1/2 head cabbage, cored and coarsely chopped
2 quarts water	1 (14.5 ounce) can Italian-style stewed tomatoes, drained and diced
4 teaspoons chicken bouillon granules	

Directions

1. In a large stockpot, heat olive oil over medium heat. Stir in onion and garlic; cook until onion is transparent, about 5 minutes.
2. Stir in water, bouillon, salt, and pepper. Bring to a boil, then stir in cabbage. Simmer until cabbage wilts, about 10 minutes.
3. Stir in tomatoes. Return to a boil, then simmer 15 to 30 minutes, stirring often.

Serve and Enjoy!

Livsey's 4th Annual Color 5k

Saturday, April 18, 8 AM



It's almost time for the most colorful time of year!

Information and registration forms have been sent home, or you can follow the link below to register online.

There will be a color toss demonstration at the first cross country meeting. This year there will not be a post run after party, but participants will receive a race bag.

Each registration will include a color packet and a T-shirt if completed before **3/27/2020**.

The class with the most registered participants will get to enjoy a special treat.

Don't want to run??

Volunteers are always welcomed!

Contact Leah Heaver at 678-296-0270 (text ok) or email heaver5@att.net

Sign Up:

[Livsey Color 5K](#)

Livsey PTO, 4137 Livsey Road, Tucker, GA 30084

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