

Livsey Letter May 2020

From: Livsey PTO (livseyletter@gmail.com)

To: stephrovere@yahoo.com

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May 2020

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Principal's Notes

Greetings Livsey Family: We miss you all so much! Continue to complete your Virtual Learning and utilize the academic sites that your teachers have provided. Please use the last week of school to make sure you have completed all your Virtual Learning Assignments.

CHARACTER TRAIT OF THE MONTH:

Self-Respect

What is Self-Respect?

High level of respect for oneself.

Having self-respect gives you the ability to love yourself for the real person you are on the inside, and not just for your looks or what you do for a living, or what you are able to do. When you have the ability to be proud of you who are, and believe that you have value as a human being, then you have self-respect.

Virtual Field Day (Optional) on Friday, May 8th:

Friday, May 8th, is OPEN National Field Day! Across the country (and the world), families will be participating in a first ever virtual field day, sponsored by US Games and OPEN. The most

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Dates to Remember

May 4 - 8
Teacher Appreciation Week

May 15
Last Day of School

KEEP UP WITH US

livseypto.org
 and
[Facebook](#)

FREE Technology Resources

Download full list and login information [HERE](#).

JOIN THE PTO

Download and complete the form, then drop it off in the school office with your payment. [PTO Membership Form](#)

REMIND

Receive PTO event reminders by texting @livsey2019 to the number 81010

anticipated PE event at Livsey is always our field day, and although we will sadly miss our special day this year, this is a great way to have some fun and choose some great activities to do with your family. Please remember that this is entirely **OPTIONAL** and participation is not required. There are many events to choose from, and events that require equipment use items commonly found in the household. There are videos links on how to complete the events and there is an optional score card. If you would like to participate, all of the information needed is included in the family pack that may be downloaded at the link below.

Click here: [Full Participation Packet](#)

Growth Mindset: A belief that abilities can be developed through dedication, hard work, and purposeful practice. Raw talent is just a starting point. Hard work is a key ingredient in becoming a champion. *National Field Day Champions demonstrate a growth mindset.*

Families, here's how to participate in OPEN National Field Day:

Click here for [optional scorecard and other resources in English and Spanish](#).

Click here for [video demonstrations of the events](#).

Click here to [watch the OPENing Ceremony on Thursday, May 7 at 7:30 PM Eastern](#).

Click here to [download and print your certificate of participation](#).

Co-Presidents' Corner

And just like that, the 2019-2020 school year is coming to a close. This has definitely been a school year for the records and one we will probably always remember. For many of us, it was the first year of a new normal as our children entered Pre-K or Kindergarten. For others, it is the end of some of the

For others, it is the end of some of the most treasured years of our lives as we say goodbye to the amazing school family that is Livsey and head to the great unknown of middle school. Either way, we hope you soak up the last couple of weeks of school - despite the unconventional classroom that our kids are in.

As the school year is winding down, think about how you want to volunteer next year. There are so many amazing volunteer opportunities and there is surely something for everyone - whether you can give only one hour a semester or one hour a week. Please reach out and let us know how you would like to be involved. And don't forget to stay connected to us this summer through our Livsey PTO Facebook page (<https://www.facebook.com/livseypto/>).

Virtual PTO Executive Committee Elections:

This year, we are holding our PTO executive committee elections virtually. Please be sure to review the list of nominees for each executive committee position below, then head over to vote [HERE](#). **The deadline to vote is Friday, May 15th.**

Co-Presidents: Alisha Etheredge & Kate Ward

Vice-President: Mary Beth Hodder

Treasurer: Chrisinda Putnam

Corresponding Secretary: Kelley Wamsley

Recording Secretary: Teresa Henderson

Livsey Virtual Book Fair: 5/4 - 5/17

Don't miss out on the Livsey virtual book fair! Stock up on some great books that will allow your child to transcend

into a new world this summer through the magic of a good book.

Teacher Appreciation Week: 5/4 - 5/8

Livsey has some of the best teachers anywhere. Make sure you don't miss the opportunity to let them know how much you appreciate them. Sign up for REMIND text messages (by texting @livsey2019 to the number 81010) to see how to thank your teacher each day.

Order Your School Supplies by June 14th:

Order by June 14th [HERE](#). This year, Livsey will only have online orders and will not order extra kits to sell at Open House, so be sure to order yours today! **Livsey's school code is LIV044.**

With Livsey Love,

Alisha Etheredge & Tivoli Harris-
Roberson
Livsey PTO Co-Presidents, 2019-2020
alisha.etheredge@gmail.com,
tivolialycia@yahoo.com

Online Book Fair

Click [HERE](#) to order books today!

SHOP ONLINE
for an expanded selection of books!



 **Over 6,000 products including award-winning books, bestsellers, boxed sets, and much more**

Limited time only: May 4 - May 17
All orders ship home | Free shipping on book-only orders over \$25
All purchases benefit our school

Visit our Book Fair homepage to get started:
<https://www.scholastic.com/bf/livseyelementaryschool1>

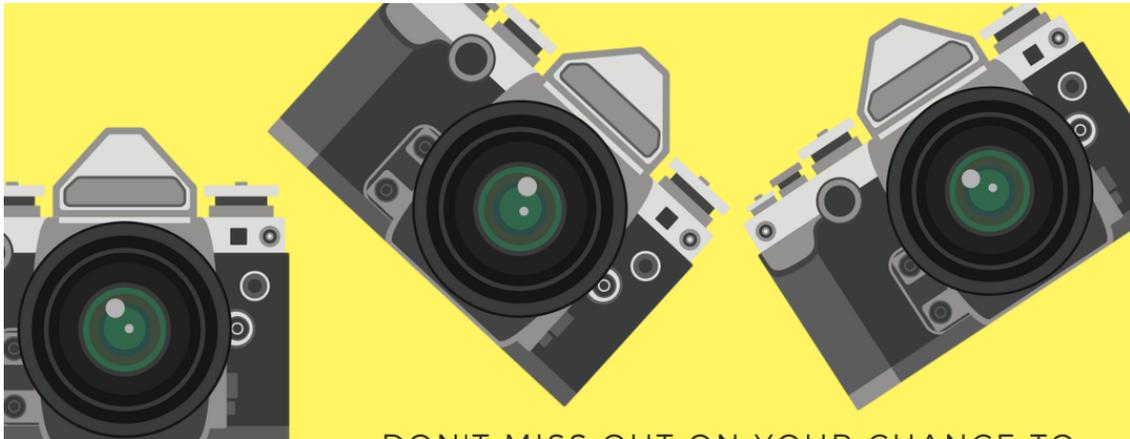


There may be differences in pricing or formats between online and in-school offerings.

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Time to Order Your Yearbook

Click [HERE](#) to order your yearbook today!



DON'T MISS OUT ON YOUR CHANCE TO
CAPTURE THIS YEAR'S MEMORIES

**PRE-ORDER YOUR
YEARBOOK TODAY
FOR \$15!**

2019-2020 Yearbooks are on sale now for \$15.
Order yours today through Livsey PTO's online
store: <https://livsey.bigcartel.com/>.
Yearbooks will be distributed at the school
sometime in June or July.

Time to Order School Supplies for Next Year!

Livsey will only have online orders this year and will not be ordering extra kits to sell at Open House. Click [HERE](#) to order your kits.

Only those who order online will have kits available at Open House.

2020-21 SCHOOL SUPPLY PACKS / PAQUETES DE ÚTILES ESCOLARES

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Enter Our School ID:
Ingrese el Código
de la Escuela: **LIV044**

Health and Wellness

MAY

May Harvest of the Month is Blueberries

Check out the website [GA Farm-to-school Harvest of the Month](#) to see more information!

Blueberries: Nutritious Things Come in Small Packages

This plump summer berry is packed with antioxidants, vitamin C, and a tangy flavor that comes to life in our recipe for blueberry crisp.

By Chloe Thompson on [WebMD](#)

Native Americans used the potent fruit to treat coughs. These tiny little gems do indeed pack a potent punch. They rank the highest of any fruit for antioxidants (those free-radical-fighting powerhouses), and one cup delivers 14% of the recommended daily dose of fiber and nearly a quarter of the recommended daily intake of vitamin C.

Blueberries are also low in calories -- fewer than 100 for a full cup. They owe their distinct hue to their high anthocyanin content, which gives certain fruits and veggies their deep blues and reds. North America is still the leading producer of this beloved blue fruit, accounting for up to 90% of the world's supply. The fruit received an unofficial presidential seal of approval after Ronald Reagan insisted on having blue jelly beans at his inauguration, leading the Jelly Belly company to introduce its blueberry flavor.

We have all been stuck at home and some of us have found baking to be a great way to spend our time! Try this recipe on www.allrecipes.com for Blueberry Cream Muffins.

Blueberry Cream Muffins

Ingredients

4 eggs	1 teaspoon salt
2 cups white sugar	1 teaspoon baking soda
1 cup vegetable oil	2 cups sour cream
1 teaspoon vanilla extract	2 cups blueberries
4 cups all-purpose flour	

Prep Time: 10 minutes, Cook Time: 20 minutes, Ready In: 30 minutes, Servings: 24

Directions

1. Preheat oven to 400 degrees F (200 degrees C). Grease 24 muffin cups or line with paper muffin liners.
2. In large bowl beat eggs, gradually add sugar while beating. Continue beating while slowly pouring in oil. Stir in vanilla. In a separate bowl, stir together flour, salt and baking soda.
3. Stir dry ingredients into egg mixture alternately with sour cream. Gently fold in blueberries. Scoop batter into prepared muffin cups.
4. Bake in preheated oven for 20 minutes.

Serve and Enjoy!

Nutritional Facts

Per Serving: 281 calories; 14.2 g fat; 39 mg cholesterol; 3.9 g protein; 35.2 mg carbohydrates ; 172 mg sodium

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